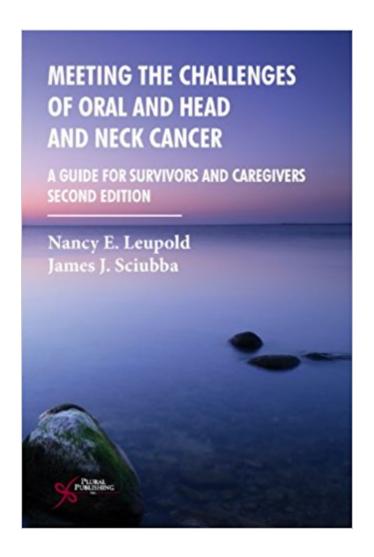


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# Meeting The Challenges Of Oral And Head And Neck Cancer: A Guide For Survivors And Caregivers, Second Edition





## Synopsis

This volume has been expanded, updated, and polished and thus constitutes an even more comprehensive resource of valuable scientific, psychological, sociological, therapeutic, financial, and practical information for the patient afflicted with head and neck cancer and his or her family. Appreciation of these principles [in this book] and others too numerous to mention will soften the impact of the cancer and facilitate the care of, as well as the caring for, the patient afflicted with head and neck cancer. From the foreword by Elliot W. Strong, M.D., F.A.C.S, Emeritus, Memorial Hospital for Cancer and Allied Disease, Emeritus, Memorial Sloan Kettering Cancer Center, Former Attending Surgeon and Chief, Head and Neck Service, Former Professor of Surgery, Cornell University, Medical College. While the prevalence of head and neck cancers are relatively low, their impact on sufferers, is great from aesthetics through speech, smell, hearing and sight, to swallowing problems. As such, the value of a guide to help those with head and neck cancer and those who care for them has proved immeasurable. The first edition of the best-selling Meeting the Challenges of Oral and Head and Neck Cancer: A Survivor s Guide was launched only three years ago and, such has been the popularity of the book and so great has been the change in the field since, that this new, second edition has been extensively rewritten and updated, and expanded to include no fewer than five entirely new chapters. What began as an idea for bringing practical information to oral and head and neck cancer survivors in a reader-friendly format, has now turned into something of an institution, or even a community in its own right, with many survivors, family members, and healthcare professionals offering suggestions and input to the content, resources, and tables. Aside from offering advice on a host of topics including meeting the challenges of chemo, swallowing issues, surgeries, and more, there is good guidance on health insurance, information and sources for numerous commercial products from oral hygiene to skin care as well as an invaluable guide to publications, websites and other information sources, including support groups, medical associations, and more. Concise, practical, and packed with information, Meeting the Challenges of Oral and Head and Neck Cancer: A Guide for Survivors and Caregivers is here again to assist those who need help, and don t know which way to turn.

#### Book Information

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### Customer Reviews

Nancy E. Leupold is the President and Founder of Support for People with Oral and Head and Neck Cancer, Inc. (SPOHNC), a national 501(c)(3) non-profit organization dedicated to raising awareness and meeting the needs of oral and head and neck cancer patients, their families, and friends. An oral cancer survivor herself, Leupold experienced many of the same difficulties as other oral and head and neck cancer patients and looked for a self-help group where she could find support and information. However, no such group existed. Consequently, with the encouragement of her surgeon, Dr. David Wolk and his colleague, Dr. James J. Sciubba, she founded SPOHNC. Now more than seventeen years later, SPOHNC has more than sixty-five chapters throughout the United States offering information, support, and encouragement to oral and head and neck cancer patients. Dr. Sciubba has served as a full Professor in the Departments of Otolaryngology-Head and Neck Surgery, Pathology and Dermatology at the Johns Hopkins School of Medicine. He has over thirty-five years of experience with oral and head and neck cancer patients as a clinician and has published extensively in the areas of oral cancer, oral and salivary gland diseases, and jawbone pathology. He is currently in part-time private practice in Oral Medicine and Oral Pathology in the Baltimore community and is an active consultant at the Milton J. Dance Head and Neck Cancer Center located at the Greater Baltimore Medical Center, where a very active program exists in the comprehensive management and rehabilitation of oral and head and neck cancer patients. Dr. Sciubba is presently Vice President of Support for People with Oral and Head and Neck Cancer (SPOHNC) and was instrumental in the founding of this organization in 1991.

This book has a lot of good information: however, it could have been written to where it was a little more reader friendly. That being said I still recommend this book.

Excellent and in-depth. Highly recommend this book for patients and those who are supporting them through their battle against head and neck cancer.

This book is a MUST for anyone with head and neck cancer, it is easy to understand, complete and comforting, too. My husband has H&N SCC and this answered all our questions (and then some). Thorough and informative, a good read and handy reference tool. The style does not drag, it is quick to read and follow. It clearly addresses diagnosis, pre-treatment, treatment, post-treatment, pain, and many many other problems. There is a great reference section in the back for getting various forms of help such as social security disability benefits, and even names products for thick saliva, pain relief, etc. Most complete. We feel lucky to have found this at our hospital's library and have purchased this for ourselves.

All I will say is that the fact that this book states that oral/head/neck cancers are not very prevalent shows me that it is just written by two "Joes" who haven't done their research. Oral cancer alone is more common than breast cancer!

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